

# What will it take to foster change?

mentally speaking...

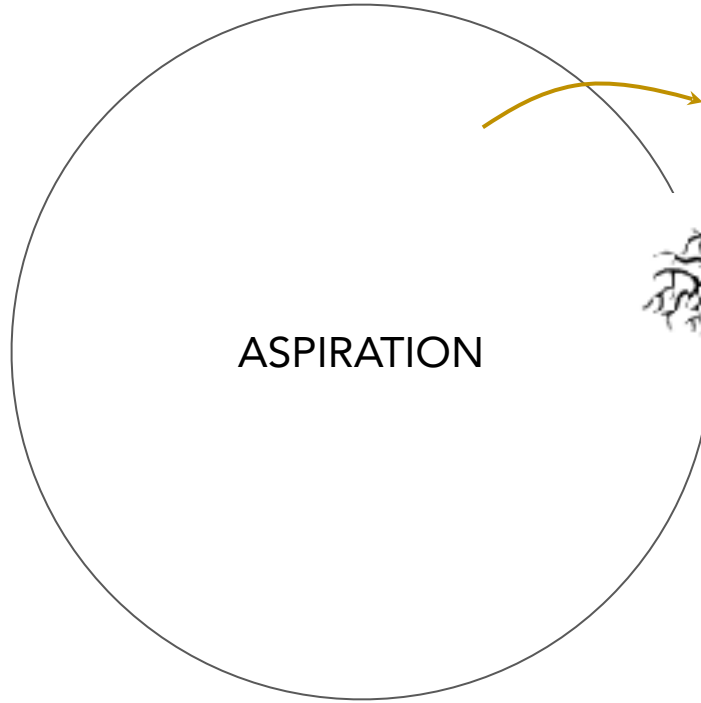




AWARENESS

Bring the  
vision to life.

Know your  
Why.



ASPIRATION



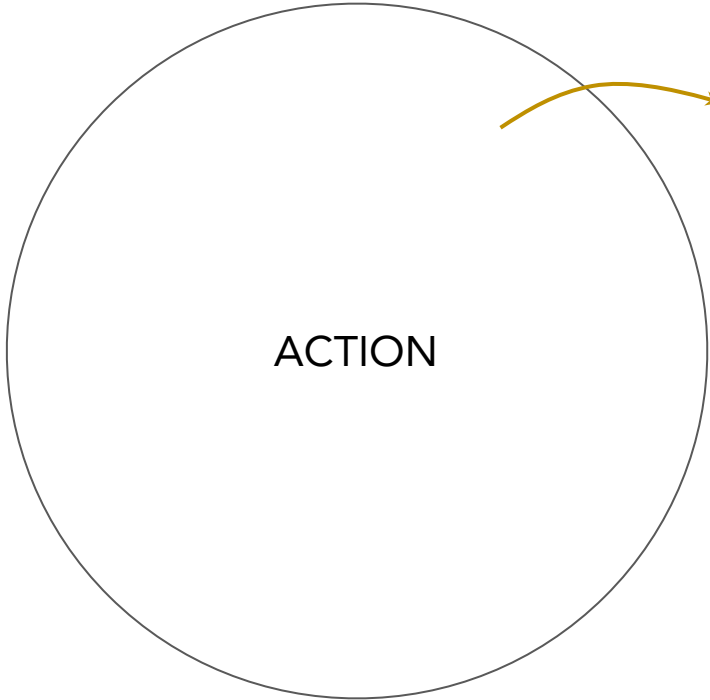
The root of all  
motivation.



Purpose.

Process.

Flow not  
force.



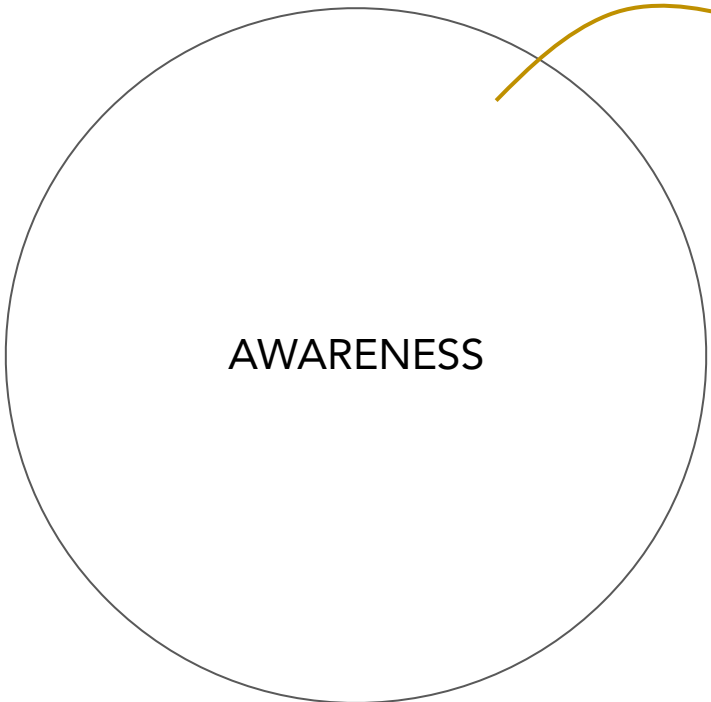
The driving factor



Self-Awareness

Environment

Present-moment



AWARENESS

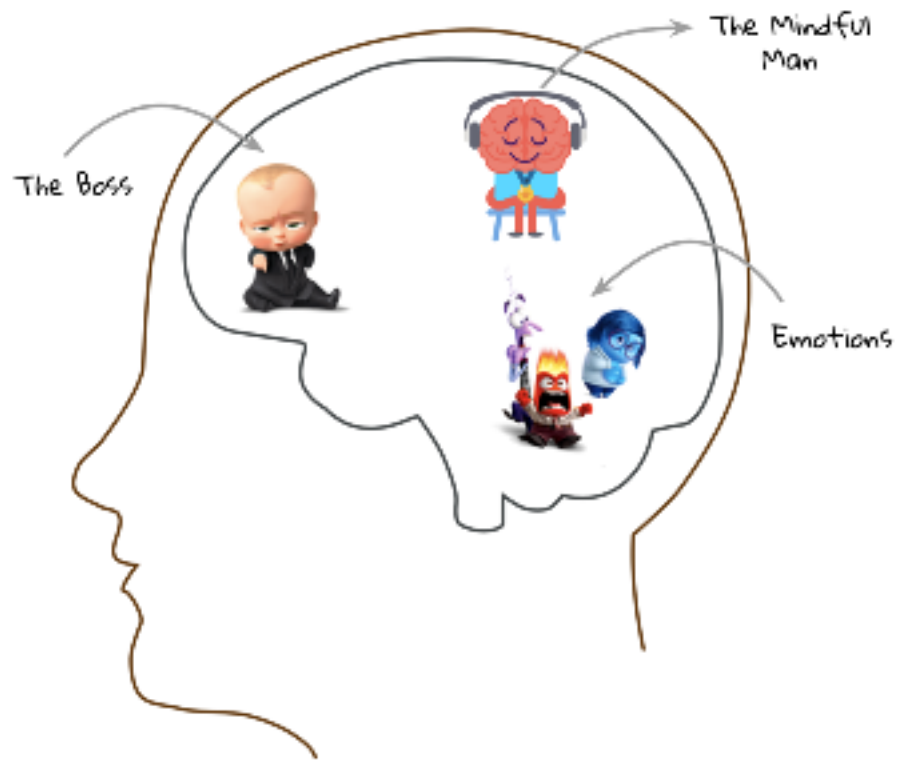
Your resilience factor

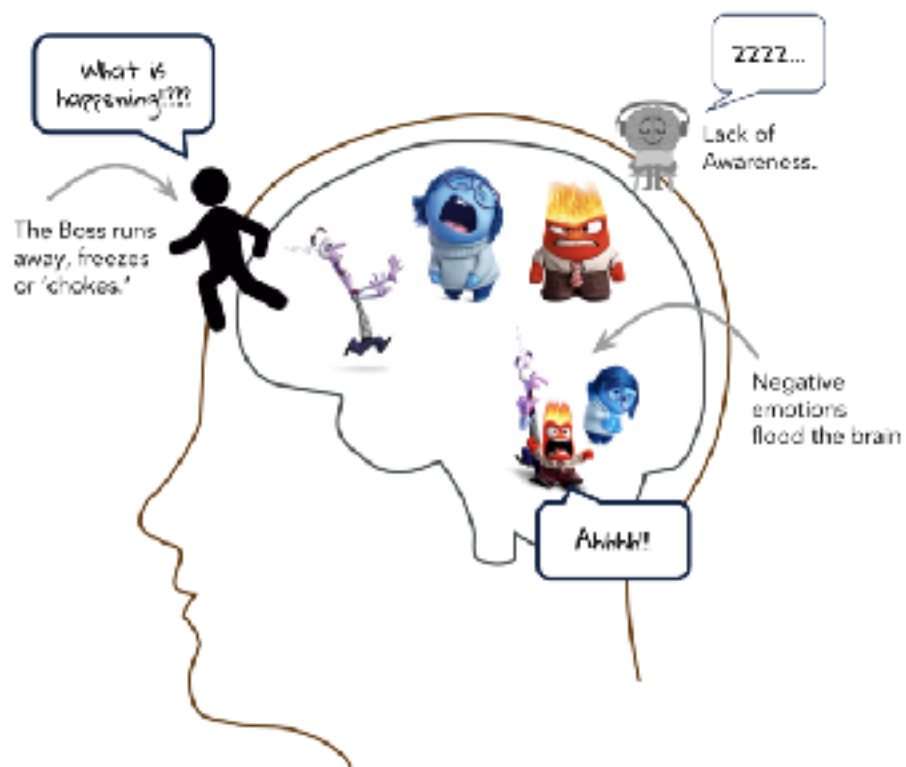


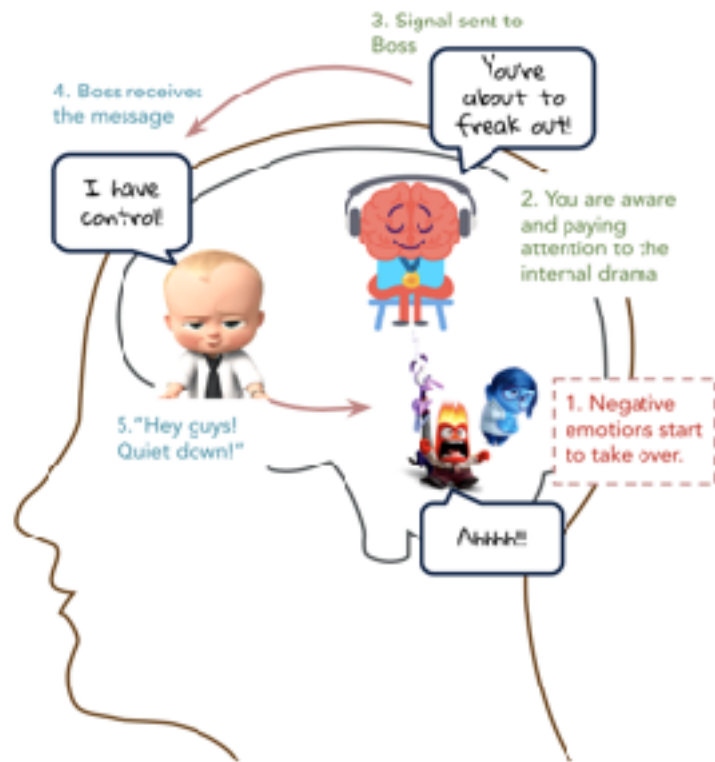
+

The foundation & building block of all change.

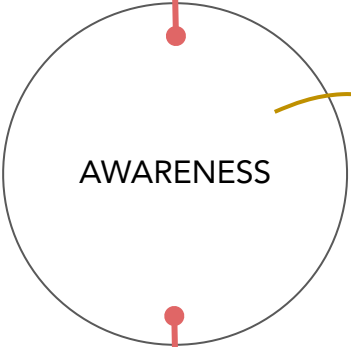
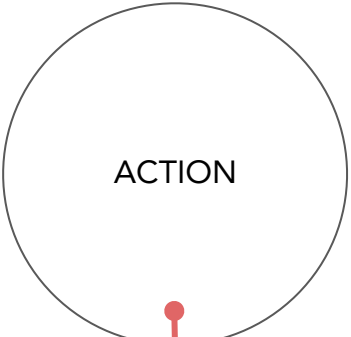








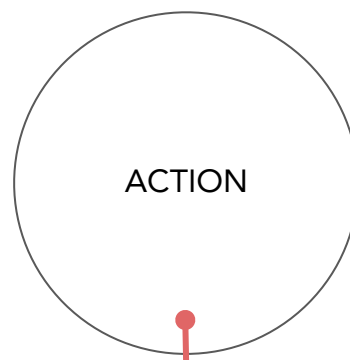




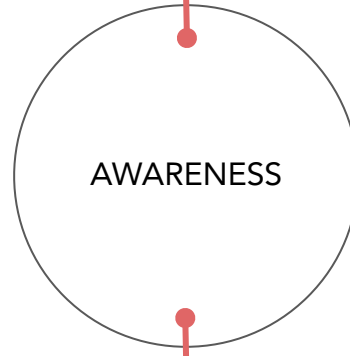
Key factor in connecting aspiration with action.



You're trying and failing and want to give up



You're ready to take action but don't know how.



You have a vision but your thought is 'it's impossible.'



You don't have a vision..



## AWARENESS

Mental Key to All Change:

Internal and External

Bring your vision to  
life...



and Stay aware!



act smart...



*Thank you!*